



LSCI
a verbal method for
turning conflicts into
learning opportunities

Karin Blankespoor
orthopedagogue

EfeCT
Amsterdam
23 April 2009



LSCI effects research

- Dawson (2003) :
 - School for problematic youngsters in New York, quasi – experimental set-up with 45 young people and a control group.
 - The staff members of the experimental group received LSCI training
 - Results :
 - number of crises in the crisis area decreases
 - less suspensions
 - student attendance increases
 - referrals to more open facilities
 - instructors experience increased feeling of competence in dealing with crisis situations.



LSCI effects research

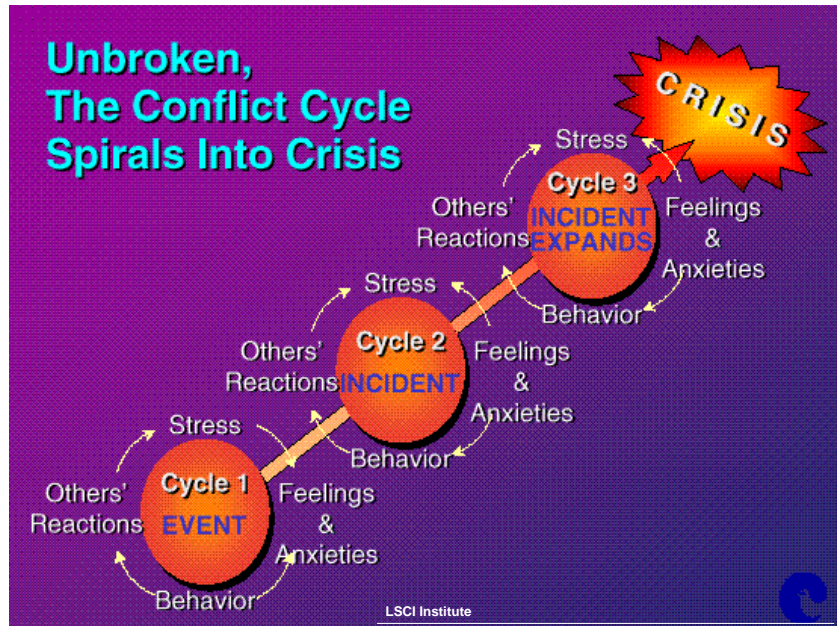
- Franky D'Oosterlinck et al, Belgium (2006):
effect of LSCI in youngsters with behavioral and emotional disorders:
 - Positive effect on aggression and hostility
 - Youngsters attach significance to the relationship with the tutor and to the tutor's understanding and good communication skills.
 - An LSCI consultation leads to a reduction of destructive and painful thoughts and feelings.



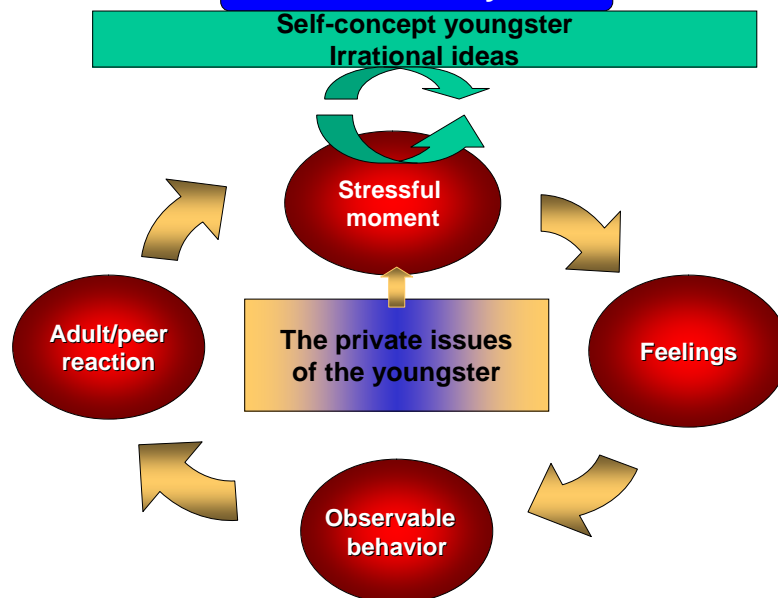
LSCI effects research

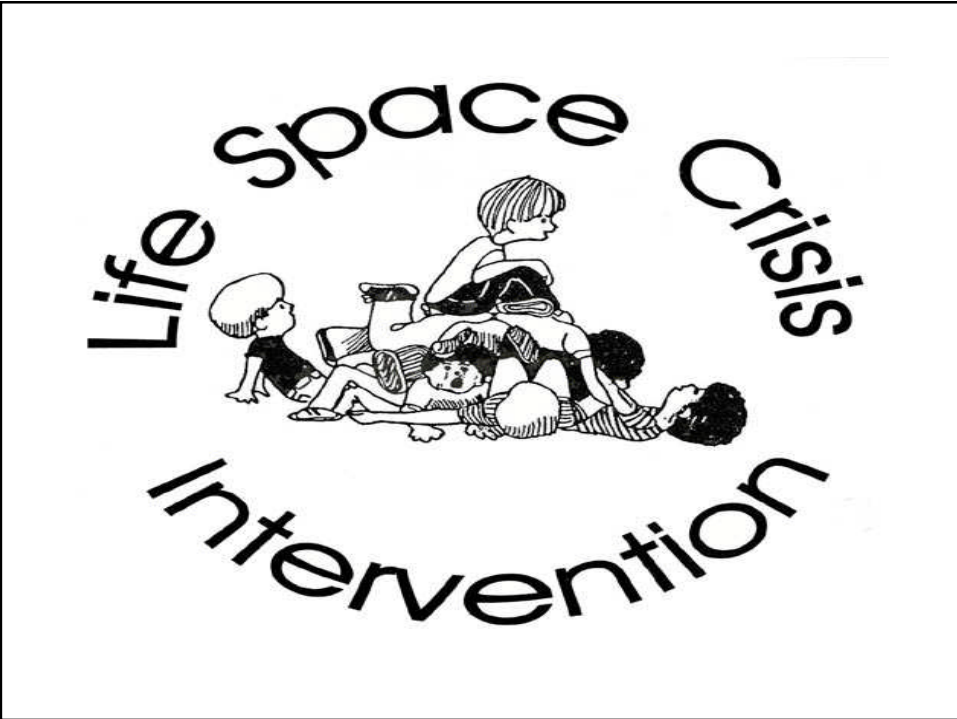
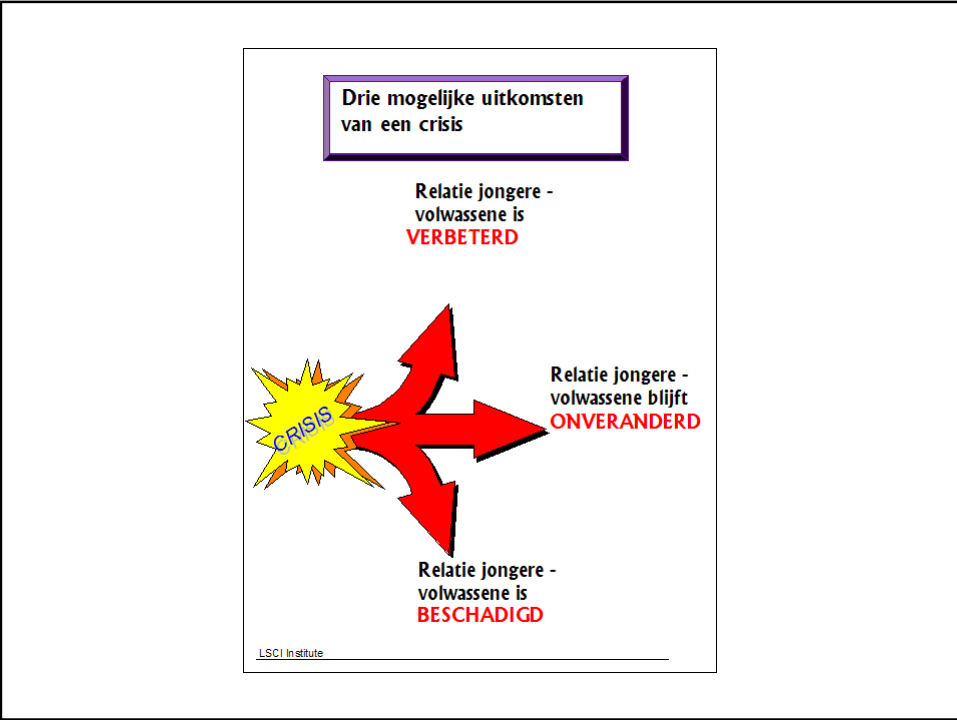
- Naslund (1987) :
 - Rose school, Washington, 28 seriously disturbed youngsters, 1404 LSCI consultations.
 - Registration of crisis : number, cause, occurrence of physical violence, type of LSCI consultation..
 - Result :
 - Decrease in the use of the crisis room, increase in classroom work, decrease in loss of self control, increase in the spontaneous request for LSCI.
 - Youngsters use LSCI to deal with their own stress.

Unbroken, The Conflict Cycle Spirals Into Crisis



The conflict cycle







LIFE SPACE CRISIS INTERVENTION

A therapeutic skill
which enables us
to make the best of a
stressful incident when we're
having the worst of it.

LSCI Institute



Objective of LSCI

- Self-regulating value-based behavior.



Life Space Crisis Intervention: History

Freud

Aichorn

Redl & Wineman

Long, Wood, Fecser

LSCI Institute, Washington DC

LSCI in Europe



LSCI Institute

De zes fasen van LSCI

ONTLADEN 1

TIJDLIJN 2

CENTRALE THEMA 3

INZICHT 4

NIEUWE VAARDIGHEDEN 5

TRANSFER VAN HET LEREN 6

The six new chances interventions

Reality Rub

Errors in perception

Red Flag

Imported problems

New Tools

Inadequate social skills

Symptom Estrangement

Justification of destructive behavior

Massaging Numb Values

Behavior driven by guilt

Manipulation of Body Boundaries

Exploitation of peers

The skills of Life Space
Crisis Intervention
are important because
aggressive behavior in
children and youngsters does
not occur "on demand".

LSCI Institute

Life Space Crisis Intervention

www.lsci.org



A certified program for professionals who work with children and youngsters who exhibit boundary transgressing behavior.

Developed by the Life Space
Crisis Intervention Institute

Nicholas J. Long, Ph.D.

Frank A. Fecser, Ph.D.



Most youngsters with problems want to be able to tell their story but lack the necessary skills and trust.