

LSCI and the contextual theory of Iván Böszörményi-Nagy: common grounds in history and similarities in method.

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LSCI in the OOBC Nieuwe Vaart

- We started in 2002 with using LSCI
- Crisis permanence system
- Every team member is certificated in LSCI
- LSCI is being used and registered in daily care
- LSCI research resulting in PhD study: 2006



Involving the family

- **Case: boy, aged 12**
- Aggression as family reaction pattern when having feelings of injustice
 - **Son, 12 years:** *"I burst out when my sister provokes me. She says she has better school results than I have. Then I feel like a "boom"; when I feel as being treated unjust, I need to set the situation right".*
- Link with the family history:
 - **Father:** *"I always had to cover up for my weaker sister. She was treated unjust, and I always had to set things right. So, I have the same feeling as my son. If my enemy from back then would knock on my door, I would feel my anger again and I would feel the urge to punch him."*



Need for integration

- LSCI: shortcomings on family dimension
- Family counselor did not succeed to talk about the aggression problem of the child, because of processing the injuries from the past.
- *Father, mother and son had to decide together to let go the old reaction pattern of reacting aggressively when having feelings of injustice*
- LSCI & Contextual Theory => *'Integrative Family Oriented Treatment'*



Contextual Therapy

- Ivan Böszörményi-Nagy (1920-2007)
- The balance of give and take
- Loyalty in families
- Four dimensions : Facts, psychology, transactions and merited trust
- Multidirected partiality



Contextual Therapy

Common historical background

LSCI

- Developed in Europe
- Influenced by psychoanalysis:

- S. Freud
- Fairbairn
- A. Freud
- A. Aichorn

more existential
phenomenological
vision (Buber)

- Parallel development with
humanistic vision

more ego-
psychoanalysis +
cognitive theory

- Thinking in relationships,
significant others, milieu
therapy, ecological vision

Kalman Gyarfás
Bateson

Maxwell Jones

Redl & Wineman
Lewin
Bronfenbrenner
William Morse

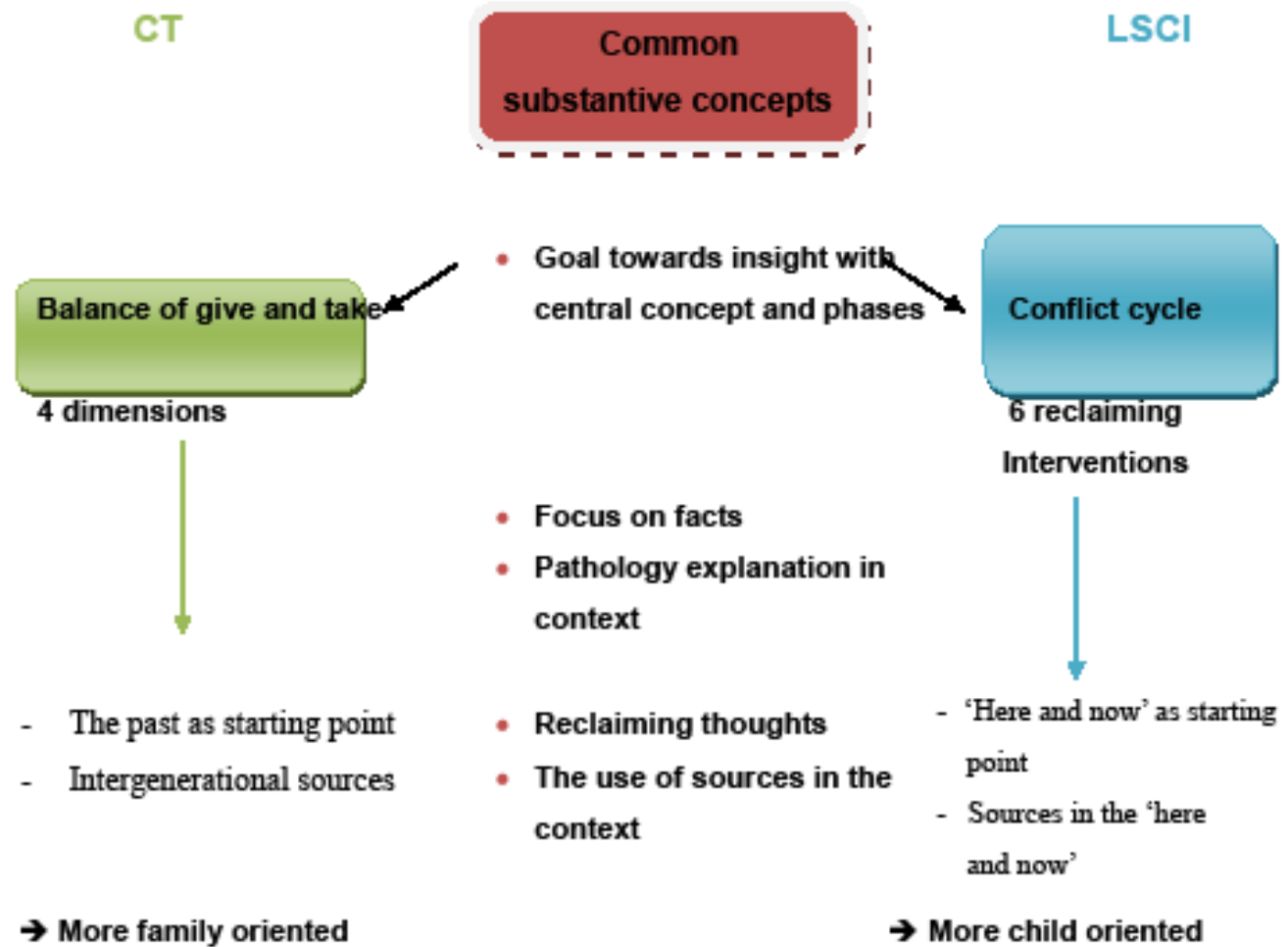
- Expansion and further
development of theory

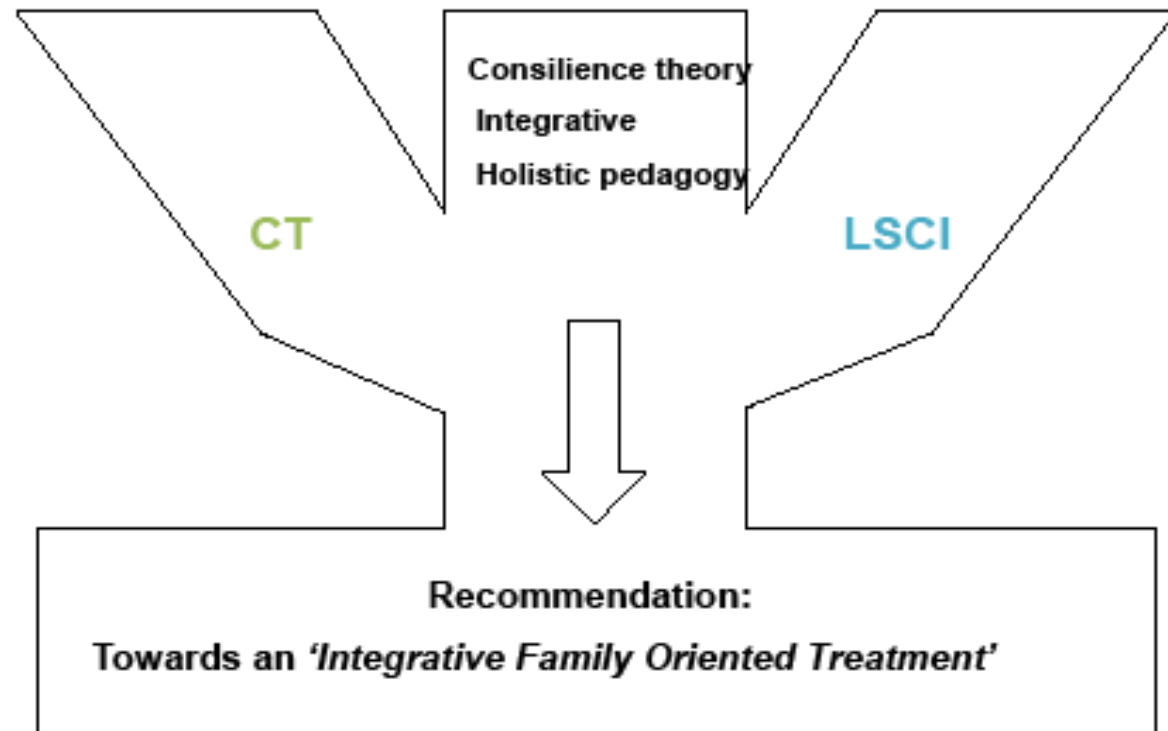
Ivan Boszormenyi-Nagy

- 1973: Invisible Loyalties
- 1986: Between Give and Take
- 1987: Foundations of Contextual Therapy

Nicholas J. Long

- 1965: Conflict in the Classroom
- 1991: Life Space Intervention







Case: Proposal for action planning

Problem: Injustice Aggression Stress	adult	related adult	family	child
Problematic?				
History				
Communication				
Solutions				
Actions				